

Ages and Stages



About the Ages and Stages Program

Ages and Stages is a developmental monitoring tool that provides parents and caregivers with a “snapshot” of their child’s development during the first five years. This voluntary program, enables you to become an expert on your child’s growth; developmentally and socially at regular intervals before they enter school.



The Ages and Stages Domains



What is the **AGES AND STAGES QUESTIONNAIRE (ASQ-3)?**

A series of questionnaires designed to help you monitor your child’s physical, intellectual, and emotional development at regular intervals from 2-60 months.

The **ASQ-3** helps you monitor 5 areas of development:

Communication: your child’s language skills including what he/she can say and understand.

Gross Motor: your child’s use and coordination of his/her arms and legs when he/she moves and plays.

Fine Motor: your child’s movement and coordination of his/her hands and fingers.

Problem Solving: your child’s problem-solving skills and how he/she plays with toys.

Personal-Social: your child’s self-help skills and interactions with others.

What is the **AGES AND STAGES SOCIAL-EMOTIONAL QUESTIONNAIRE (ASQ:SE):**

Focuses exclusively on emotional and social development; your child’s ability to calm him/herself, interact with others, and adapt to new and varying situations.

The **ASQ:SE** helps you look at 7 areas of social and emotional development:

Self –regulation: your child’s ability/willingness to calm him/herself or adjust to environmental conditions.

Compliance: your child’s ability/willingness to conform to the direction of others and follow rules.

Communication: your child’s verbal/nonverbal signals that indicate feelings, affect, and internal states.

Adaptive: your child’s ability/success in coping with physiological needs.

Autonomy: your child’s ability/willingness to establish independence.

Affect: your child’s ability/willingness to demonstrate feelings and empathy for others.

Interaction with people: your child’s ability/willingness to respond to or initiate social responses with caregivers, adults, and peers.

How the Ages and Stages Team provides feedback:

If the completed questionnaire shows that your infant, toddler, or preschooler is developing on schedule, you will receive a package which contains a copy of your child's completed questionnaires, the questionnaire for the next interval, feedback sheets, a consent form, and a tip sheet of fun, age appropriate and developmentally supportive activities and resources for you and your child to enjoy.

If the completed questionnaire shows that your infant, toddler, or preschooler needs further support for development, an Ages and Stages Facilitator will contact you and discuss those concerns and provide options for referral and support.

The Ages and Stages Team will help connect parents with programs, services, local physicians, speech therapists, physiotherapists, occupational therapists, local nurses, and preschool and kindergarten teachers after determining which supports are most useful to support your child's achievement of developmental milestones in all of the 12 key areas.

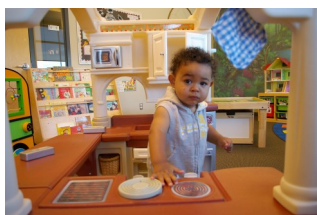
We encourage everyone who is using the tool to keep in mind that every child is different and will develop at his or her own pace

"The first five years of a child's life are fundamentally important. They are the foundation that shapes children's future health, happiness, growth, development and learning achievement at school, in the family and community, and in life in general."

-Facts For Life

"Recent research confirms that the first five years are particularly important for the development of the child's brain, and the first three years are the most critical in shaping the child's brain architecture. Early experiences provide the base for the brain's organizational development and functioning throughout life. They have a direct impact on how children develop learning skills as well as social and emotional abilities."

-Facts For Life



**To obtain a questionnaire package please contact
The Ages and Stages Team
at Kidz 1st Network Parent Link Centre
105 Marina Road
Chestermere, AB T1X 1V7
(403) 207-7046**

